

WELCOME TO A CHANGED LIFE!

As you read and begin to practice these lessons, you will experience a dramatic change from how you formally thought, acted, and lived. When you are “born again,” a new person comes to live inside you – God himself! This is a radical change that can only happen because Jesus Christ lived, died, and rose from the dead for you! Making a decision to follow the ways and teachings of Jesus is not just a different way to think; it’s a radical transformation. In fact, as you grow in the Christian life, you are transformed so much into the likeness of Jesus that you no longer recognize the former person you were!

These seven lessons are written not just for information but for obedience. No one changes through mere education. When you practice what you learn, you are transformed into the likeness of Christ. Each lesson is written to give you a foundation on which to build your new life. A bonus lesson called *The Journey Beyond* will give you advice on how to get more from your Bible reading and time with God.

The *Living a Changed Life* lessons are meant to be journeyed with a mentor who will disciple you for eight weeks. Once you have completed and implemented these lessons, you will be qualified to disciple someone else. It’s a simple

Living A Changed Life

strategy: each person can teach another person who can then reach someone else. When Jesus calls people, he simply says, “Follow me.” This means, “watch me, talk with me, ask me questions when you do not understand. See how I react when things don’t go my way.” In other words, a disciple of Jesus lives with him. While your mentor may not live with you, the relationship you will build together in eight weeks will bond you for a lifetime.

The person who is mentoring you is _____.

Welcome to a changed life and becoming a life changer!

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Here’s how to use this material effectively:

1. Set a time to meet each week with the one who is mentoring you. (One hour is preferable.)
2. Read the lessons before getting together.
3. Look up the scriptures, answer the questions, and note anything you would like to discuss.
4. Build into your time a clear S.O.S. (Say - Obey - Share):
 - What does the lesson say?
 - What do I need to obey?
 - What do I share with others?
5. If needed, use your Bible index to find books in the Bible until you learn them.

CHANGED LIFE LESSONS

1. **BORN AGAIN:** Every newborn experiences birth.
Can I Know that I'm Saved?
Practical Step: Prepare for water baptism.
 2. **BREATHING:** Every newborn child breathes.
Understanding Prayer
Practical Step: Receive the baptism of the Holy Spirit.
 3. **EATING:** Every newborn child learns to eat.
Reading the Bible
Practical Step: Set time, place, and plan.
 4. **EXERCISING:** Every child crawls, walks, and runs.
Learning Obedience
Practical Step: Schedule a time of prayer from past hurts.
 5. **FAMILY:** Every child is placed into a family.
Needing the Local Church
Practical Step: Explore connecting with a local church.
 6. **FATHER:** Every healthy home has a good father.
Our Heavenly Father
Practical Step: Accept the goodness of the Father.
 7. **EXPANDING:** Every healthy family multiplies.
Your Story and His Story
Practical Step: Prepare your testimony and plan of salvation.
- BONUS LESSON: The Journey Beyond**
Learning to live and grow daily!
Practical Application: Growing through daily Bible reading, prayer, and obedience.

Not Written for Information but Transformation!

Much of western education is based on whether or not we have the right information. The expectation is that the information changes you. Certainly having the right information is important, but this alone will not bring change. Biblical discipleship is based upon obedience. Jesus told his disciples to come and follow, not read a book and take a test. Lessons in this books are written with personal application points, and are titled according to stages of growth from child to adulthood.

Just as there is growth in a natural family, we go through these same stages in our spiritual family. The first lesson is about being born again. The next lessons are on breathing, eating, exercising, family, the Heavenly Father and expanding the family. A bonus lesson is written to more fully engage to get more out of your Bible time. These lessons are to be journeyed with a mentor. Having someone meet with you to discuss difficult moments, or explain unclear concepts is a must. During this time a powerful relationship will form that may continue throughout a lifetime.

These seven transformational lessons are foundational in any growing person's life. Should someone get off track they can return and pinpoint where they got off, and reengage in their life with Christ.



BOBBY ALGER has pastored for over 30 years, first in an established multi-location church, before moving to Winchester Virginia in 1998 to plant Crossroads Community Church. With a background in farming, Bobby has completed a Masters of Divinity from Oral Roberts University. He and his wife, Wanda, have been married over 33 years and have three grown children.